# HILANDS LUNCH

## Salads

### GF COBB

Romaine, Chicken, Hard-Cooked Egg,
Bacon, Candied Pecans, Tomato,
Cucumber and Gorgonzola
$15

### CRISPY CHICKEN

Romaine, Crispy Chicken,
Tomatoes, Walnuts, Shredded
Cheese and Avocado
$15

### GF SESAME TUNA

Sesame Crusted Yellowtail Tuna
with Pickled Veg, Greens, Sesame
Vinaigrette, Wasabi and Soy
$15

### GF FALL PROTEIN SALAD NEW!!!

Baby Kale, Shaved Beets, Chicken, Roasted
Winter Squash, Dried Cranberries,
Crumbled Goats Cheese,
Nutritional Yeast and Spiced Vinaigrette
$16

### CAESAR

Romaine, Croutons, Red Onion,
and Parmesan Tossed in Caesar $9
Add chicken, $4
Add Shrimp $6

### ASIAN CASHEW

Romaine, Chicken, Cashews,
Pickled Onions, Asian Dressing
and Wontons
$14

### GF TACO SALAD

Spicy beef or Chicken, Pico,
Romaine, Shredded Cheese and
Crispy Tortilla Strips
$16

### GF BUFFALO CHICKEN

Romaine, Shredded Buffalo
Chicken, Cucumber, Celery,
Croutons and Gorgonzola
$15

**\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH,
OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS,
ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.**

# HILANDS LUNCH

Unless otherwise specified, all main dishes come with a choice of fries, cottage cheese or fruit.
$2 Upcharge for Tater Tot and Sweet Potato Fry Substitutions

## Mains

### HILANDS RANCH BURGER

8 oz. Local Burger, Grilled to Temp with a choice of cheese.      $15
Sautéed Mushrooms, Onions, Bacon or Extra Cheese, $1 each

### FRENCH DIP

Thinly Sliced Roast Beef on a Hoagie   $15
Add Mushrooms, Onions or Cheese $1 each

### BEER BATTERED COD

Amber Beer Battered Cod with Caper Tarter and Lemon
$15

### ROGER'S RUEBEN

Corned Beef, Pickled Cabbage, and Swiss on Rye, 1000 Island on the Side
$13

### QUESADILLA

Spicy Beef or Chicken Tossed with Pico
$16

### TWO IRONS

A Pair of 3 oz Smash Burger Sliders with American Cheese
$14

### DILL TUNA MELT

Albacore Tuna with Fresh Dill and White Cheddar on Grilled Brioche
$14

### NEW!!! BUFFALO CHICKEN AND BACON MAC N CHEESE

Shells, Crispy Buffalo Chicken and Bacon, Topped with Gorgonzola Crumbles
$16